

How parents can help

Please check that your son/daughter is making full use of the resources that the department has provided:

Are they using the revision materials that are on the Learning Portal?

- Have they printed out the revision checklists and practice exam questions for each topic area?
- Are they following a realistic revision timetable?
- Are they attending after school support sessions and making full use of lesson time?
- Are they using the **revision guide** which covers every topic area that area they will be examined on?

Encourage your son/daughter to use the most effective revision strategies:

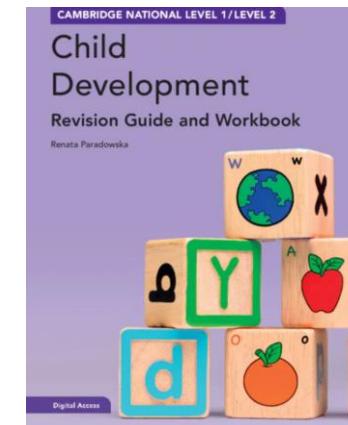
- Completing and marking exam questions is a vital process, identifying areas to focus on. It also helps pupils to become familiar with the common style, content and skills they will meet in their real exam as well as fine-tuning their level of detail.
- Summarising Encourage them to summarise key topics using flashcards, a Mind Map, diagram or revision poster. They could teach you about a key topic from the revision checklist or you could test them on their ability to recall key information on their flashcards. Using an **online** revision/flashcard tool, such as **Quizlet**, allows pupils to store their notes centrally.

Provide the necessary resources:

- Flash cards, highlighters, pens, colours, paper.
- Encouragement and a reminder of what they are aiming for!

Child development

OCR Cambridge Nationals



Advice for Effective Revision

What to revise

There is one exam paper with four topic areas being tested.

Topic area 1

Preconception health and reproduction

Factors affecting preconception health for women and men
Types of contraception
The structure and function of the reproductive systems
The signs and symptoms of pregnancy

Topic area 3

Postnatal checks, postnatal care and the conditions for development

Postnatal checks
Postnatal care of the mother and baby
The developmental needs of children from birth to five years

Topic area 2

Antenatal care and preparation for birth

Antenatal clinics
Screening and diagnostic tests
The purpose of antenatal classes
Choices available for delivery
The role of the birth partner
Pain relief in labour
The stages of labour
Methods of assisted birth

Topic area 4

Childhood illnesses and a child safe environment

Recognising the signs and symptoms of illness in children
How to meet the needs of an ill child
How to ensure a child friendly environment

The summer exam is worth 40% of the final grade.

Your coursework is worth 60%

Could you improve your recent coursework?

Speak to Ms Huggins if you would like to do this.

There are lunch time sessions on Monday, Wednesday and Fridays to help you if you would like to improve your coursework.

Where to find help and resources

- Use criteria sheets.
- Come to lunch time drop-in sessions in T50 on Monday lunchtimes
- Ask your teacher questions that come up during your revision.

What to do

Use a range of revision strategies for the best results.

Resource	How to use it
Criteria Sheets 	Use these to find the exact details needed. Find key words and ideas and identify your areas to work on.
Revision Guide 	Use this to help build your understanding. Read and answer the practice questions for the parts you don't understand yet.
Exam Questions - by Topic - Whole 	It is vital that you check you can answer exam questions on each topic and by using whole paper. Check your answers with the mark schemes carefully.
Flash Cards and Mind Maps 	Create resources to summarise topics. Use these to test yourself regularly.
Friends - study groups 	Create a study group with friends to support, help and encourage each other.
Lunch time sessions 	Come to the drop in on Monday lunchtime. These sessions will begin after the February half term.

